

SOCIAL OUTREACH ACTIVITIES, AWARDS & GRANTS OF ENACTUS SSBUI CET, PANJAB UNIVERSITY

Enactus SSBUI CET team of Panjab University, Chandigarh is a student chapter of an International Non-Profit organization that connects student, academic and business leaders through entrepreneurial-based projects that empower people to transform opportunities into real, sustainable progress for themselves and their communities. It provides a platform for teams of outstanding university students to create community development projects that put people's own ingenuity and talents at the center of improving their livelihoods. Enactus transforms both the lives of the people served and in turn, the lives of students as they develop into more effective, values-driven leaders. Enactus team has been dedicatedly working since 2011 to provide sustainable business solution to socially and economically deprived communities like slum children, potters, unskilled ladies, specially-abled persons, etc.

With numerous collection & distribution drives done from time to time, the Enactus team left no stone unturned even during the tough time of COVID-2019 pandemic to make lives better for those in need. The details of various social outreach activities undertaken by the team from July 2018 to June 2022 are given below:

<u>Session</u>	<u>Topic of activity</u>	<u>Collaboration with industry, community or NGO</u>	<u>Level of activity</u>	<u>No. of participants</u>	<u>Institution/ Place</u>	<u>From Date</u>	<u>Duration (Days)</u>
2021-22	Awareness Workshop on Dental Healthcare for specially-abled children of Samarth	Colgate-Palmolive(Industry) & Social Substance, NPO, P.U.	Workshop	65	Samarth, a residential home for the specially abled children in Sector-15, Chandigarh	2/6/2022	1 day
	A Radio Talk Show on Oral Health by Dr.Shipra Gupta, & Dr. Asha Katoch	Jyotirgamaya 91.2 MHz, PGIMER (Institution), DIR-India (NGO)	Radio Talk	5	Panjab University Radio Station	26/5/2022	2 Hours
	Workshop to promote Dental Healthcare and 'Mytharche', series	DIR-India (NGO) & Versatile Group, Ludhiana(Industry)	Workshop	75	Janta Colony, DIR Bldg, Nayagaon	17/5/2022	1 day
	"MythArche 2.0-Transfusing	Versatile Group, Ludhiana (Industry)& DIR-India (NGO)	Workshop	150	Rani Laxmibai Hall, Girls	15/5/2022	1 day

NexGen Perspective”					Hostel No.2, P.U.		
Radio Talk Show on Menstrual Health & Hygiene	Jyotirgamaya 91.2 MHz	Radio talk	5		Panjab University Radio Station	10/5/2022	1 day
“MythArche-Transfusing NexGen Perspective” workshop series on Menstrual Health & Hygiene	Developing Indigenous Resources- India (NGO) and Versatile Group, Ludhiana (Industry)	Mega Event (Workshop)	200		Dr. SSBUI CET, Panjab University	29/4/2022	1 day
Press Conference for the launch of “MythArche-Transfusing NexGen Perspective”	Developing Indigenous Resources- India (NGO) and Versatile Group, Ludhiana (Industry)	Press Conference	75		Dr. SSBUI CET, Panjab University	25/4/2022	1 day
Stall to showcase products under project Uday of Enactus	Developing Indigenous Resources- India (NGO) and Centre for Social Welfare, P.U. (Institute)	Marketing & Sale	150		Student Centre, Panjab University	30/3/2022	1 day
Health & Nutrition Workshop for Potters of Maloya	Dietician, Panjab University	Workshop	65		Maloya, Chandigarh	15/3/2022	1 day
Educational Workshop with community children	-	Workshop	30		Chandigarh	9/3/2022	1 day
Celebrating Women’s Week	Developing Indigenous Resources- India (NGO) and BossLadies (NGO)	Marketing & Sale	85		Lazy Shack, Sector-26, Chandigarh	8/3/2022	1 day
How Mental Health Gets Affected	Enactus Ramanujan College (Institution)	Webinar	105		Google Meet	6/3/2022	1 day
Be Good With Money	MOOL (Financial Services, Delhi)	Financial Workshop	70		Google Meet	25/2/2022	2 days
Clash-O-preneur	-	Online Competition based on	50		Google Meet	13/02/2022	6 days

			developing entrepreneurial model				
	Workshop on Health & Nutrition	Developing Indigenous Resources- India (NGO)	Workshop	100	Janta Colony, Nayagaon	4/1/2022	1 day
	Diwali celebrations with underprivileged ladies of Slums	Developing Indigenous Resources- India (NGO)	Festival Celebrations	100	Janta Colony, Nayagaon	2/11/2021	1 day
	Diwali celebrations at Samarth, a residential home for people with cerebral palsy and mental disabilities	-	Festival Celebrations	65	Samarth, a residential home for the specially abled children in Sector-15, Chandigarh	30/10/2021	1 day
	Webinar titled "World Mental Health Day"	The Psych Club, UIET	Webinar	70	Google Meet	10/10/2021	1 day
	Launch of reusable, cost-effective and eco-friendly cloth-based sanitary napkins	Developing Indigenous Resources-India (DIR) and Versatile Group, Ludhiana (Industry)	Event	375	Janta Colony, Nayagaon	21/9/2021	1 day
2020-21	Stitching Workshop	UIFT, PU (institute)	Technical Workshop	75	Janta Colony, Nayagaon	12/3/2021	1 day
	2 No. Usha automatic sewing machines and accessories of Rs.55000/- sponsored to underprivileged community by Enactus team	Versatile Group, Ludhiana (Industry)	Sponsorship activity	85	Student Centre, P.U.	3/3/2021	1 day
	100 surgical gowns distributed to frontline warriors of BJK Institute of Health and	Amita Projects, Jaipur (Industry)	Distribution event	100	BJG Institute of Health, P.U.	4/2/2021	1 day

	Health workers of DIR, NGO by Enactus team						
	Face Mask Distribution	Versatile Enterprises, Ludhiana (Industry)	Distribution event	200	Slum areas in tricity, Chandigarh	17/1/2021	10 days
	Face shields distribution among the front line workers of the P.U. & DIR	IIT Delhi (Institute)	Distribution event	85	Student Centre, P.U.	14/1/2021	1 day
	DIWALI Celebrations with special children	Rotaract Club, Chandigarh (Service club)	Celebration of festival	85	SAMARTH, a residential house for specially abled children in Sector-15, Chandigarh	12/11/2020	1 day
	Diwali fundraising	Rotaract Club, Chandigarh (Service club)	Marketing and sale	50	Tricity	1/11/2020	14 days
	Webinar titled "Building Entrepreneurial mindset: Think like an Entrepreneur"	PU Pulse, Rotaract Chandigarh Midtown & Freako Fresh	Webinar	90	Google Meet	24/10/2020	1 day
	Webinar on Emotional Intelligence: Unmask your emotions & stop pretending	Enactus India	Celebration of World Mental Health Day	75	Google Meet	10/10/2020	1 day
	SDG Implementation	Bold Revival (Industry)	Drafting case study	45	Enactus PU-Canada	2/10/2020	30 days
	Ration Kit and Face shield distribution	Developing Indigenous Resources- India (NGO)	Distribution event	300	Chandigarh-Nayagaon	13/8/2020	7 days
	128 grocery kits & 250 face masks distributed	Developing Indigenous Resources- India (NGO) & Versatile Group, Ludhiana (Industry)	Distribution event	400	Nayagaon & Maloya, U.T., Chandigarh	15/7/2020	1 day
2019-20	Tailoring Workshop for	UIFT, P.U.	Stitching Workshop	65	Nayagaon	11/2/2020	1 day

	underprivileged ladies						
	Financial Literacy Workshop for community	Securities Exchange Board of India trained professional	Literacy event	75	Maloya&Nayagaon	18/1/2020	2 days
	Diwali Celebration with Specially abled	Rotaract Club, Chandigarh (Service club)	Celebration event	85	Samarth, residential facility for specially abled, Sector 15	24/10/2019	1 day
2018-19	Financial Literacy and commercial development workshop	Securities Exchange Board of India trained professional	Workshop	45	Mandi Gobindgarh	21/2/2019	1 day
	Business Case Study Challenge	Bhartiya Vidyapeeth College of Engineering, Delhi (Institute)	Competition	6	Delhi	12/10/2018	2 days
	Tree Plantation Drive	Horticulture unit of P.U. (Institute)	Tree plantation drive	200	SSBUICET P.U	28/9/2018	1 day
	Massive Swachhta drive held, in which fans, spider webs, window panes, benches, podiums, etc. of all the classrooms of institute were cleaned	Horticulture unit of P.U. (Institute)	Cleanliness drive	350	SSBUICET P.U	26/9/2018	1 day
	Cleanliness drive by Enactus team under the Swachhta Hi Sewa fortnight	NCC girl cadets of 1 Chandigarh Battalion (Institute)	Cleanliness drive	250	Student Centre, P.U.	20/9/2018	1 day
	Celebration of Senior Citizen Day P.U.	Centre for Social Welfare, P.U. (Institute)	International day of importance	300	Village KhudaLahora	21/8/2018	1 day

AWARDS AND GRANTS BAGGED BY ENACTUS TEAM

2018-2019:

- 1st Prize for Business Case Study Challenge held at Bhartiya Vidyapeeth College of Engineering, Delhi on 12th October 2018.
- Won KPMG Ethics Grant on 7th December 2018.
- Runner up in “Architecture Empathy Workshop” organized by Chandigarh College of Architecture from 10-12 January 2019.

2019-2020:

- The team was successful in gaining a spot among the top 24 teams in One Race Four Ocean (1R4O) worldwide.

2020-2021:

- Won KPMG Ethics Grant on 13th October 2020.
- Among the top 48 teams Worldwide in Race for Climate Action Award.
- Among the top 48 teams Worldwide in Race to Rethink Plastic Award.

2021-2022:

- The team **Colgate Palmolive Know your OQ Challenge**: Secured **First Position** in India amongst all Enactus teams.
- **KPMG Business Ethics Grant Award 2022**: Selected amongst **top 10 teams** of India.
- **1 Race 4 Oceans Challenge**: Among **top 12 teams worldwide**, for positive action and impact on World Oceans through Project Uday.
- **Race to Rethink Plastic Challenge**: Among **top 48 teams worldwide**, for innovative employability of cloth in place of plastic through Project Uday.
- **Race for Climate Action Challenge**: Among **top 48 teams worldwide**, striving to heal climate by promoting earthenware in place of plastic ware, under Project Dhra.

- **Race to Feed the Planet Challenge:** Among **top 48 teams worldwide** for promoting plant-based nutrition and overall health across underprivileged communities of Project Dhra& Uday.
- **Race for Climate Action Challenge:** Among **top 48 teams worldwide**, striving to heal climate by promoting earthenware in place of plastic ware, under Project Dhra.
- **Race to Feed the Planet Challenge:** Among **top 48 teams worldwide** for promoting plant-based nutrition and overall health across underprivileged communities of Project Dhra& Uday.
- Book Chapter titled "Enactus SSBUI CET: Beacon of Light and Hope Amid Covid-19 Pandemic", Chapter 12 getting published by Routledge, Taylor & Francis Group in the Book titled "Frontline Workers and Women as Warriors in the Covid-19 Pandemic"

SOCIAL OUTREACH ACTIVITIES BY ENACTUS TEAM

1. Awareness Workshop on Dental Healthcare for specially-abled children of Samarth, Sector 15, in collaboration with Colgate- Palmolive & Social Substance, NPO, Panjab University (03/06/2022)

"ORAL HEALTH AND HYGIENE" WORKSHOP ORGANIZED AT SAMARTH, A RESIDENTIAL HOUSE FOR SPECIALLY ABLED BY ENACTUS TEAM OF PANJAB UNIVERSITY
June 02, 2022 08:56 PM



Chandigarh June 02, 2022- Enactus SBUICET team of Panjab University with support of Colgate-Palmolive organized an Oral Health & Hygiene workshop for the specially abled and the staff Samarth, a residence for the special children in Sector-1 Chandigarh. This workshop was held keeping in mind that extensive dental care requires for these special children by their parents and attendant conveyed Prof. Seema Kapoor Faculty Advisor of Enactus team.

Dr. Kapoor highlighted during her address that it is very important to maintain oral hygiene as the health of mouth, teeth and gums affects the general health. The mouth is the entry point to digestive and respiratory tracts, so without proper oral hygiene the bad bacteria can enter the body and can cause various diseases like heart disease, cancer, pneumonia, diabetes etc. She said as these children are unable to express their ailments accurately, so it is more important to take care of their oral hygiene to reduce their sufferings.

स्पेशली एबलड बच्चों के लिए समर्थ में हुई ओरल हेल्थ एंड हाइजीन वर्कशॉप
सिटी रिपोर्टर | चंडीगढ़

एसएसबी यूआईसीटी के एनेक्टस क्लब की ओर से स्पेशली एबलड बच्चों के लिए कॉलगेट पामोलिव की मदद से ओरल हेल्थ एंड हाइजीन वर्कशॉप कराई गई। सेक्टर-15 के समर्थ में हुई वर्कशॉप के दौरान ऐसे बच्चों के परेंट्स और अटेंडेंट भी मौजूद थे। फैकल्टी एडवाइजर प्रो. सीमा कपूर ने ऐसे बच्चों में ओरल हाइजीन के तहत दांतों और मसूड़ों को लेकर आम समस्याओं पर बात की। सोशल सबस्टेंस ग्रुप के डॉ. अरुण बंसल ने कहा कि हर 3 से 4 महीने के अंतराल पर ऐसे बच्चों का



2. A Radio Talk Show at Panjab University Radio Station, JyotirGamaya 91.2 MHz on Oral Health by Dr. Shipra Gupta, MDS, Oral Health Science Centre, PGIMER & Dr. Asha Katoch, CEO, DIR-India, an NGO in Nayagaon (26/5/2022)

आशा, गुण, पुनम, निर्मल, नीरू धन्यवाद किया। से पालन किया जा सकता था। इंडिया इश्येयें

रेडियो टॉक पर पी.यू. व पी.जी.आई. की टीम ने रखे विचार 'ओरेल हैल्थ पर ध्यान देना जरूरी'

चंडीगढ़, 26 मई (रश्मि हंस): पंजाब यूनिवर्सिटी एनेक्टस टीम ओरेल स्वच्छता को बढ़ावा देने के लिए पी.जी.आई. और डेवेलपिंग इंडियन रिसोर्सेज- इंडिया (डी.आई.आर.) के सहयोग से पी.यू. के एफ.एम. पर प्रो. अर्चना आर. सिंह के सहयोग से एक रेडियो टॉक शो का आयोजन किया। इस कार्यक्रम को कोलगेट-पामोलिव के समर्थन से प्रो. सीमा कपूर, संकल्प सलाहकार के सहयोग से आयोजित किया गया।

डॉ. शिप्रा एम.डी.एस., पी.एच.डी., पीरियोडॉन्टिक्स की इकाई, ओरेल हेल्थ साइंस सेंटर पी.जी.आई. और डॉ. आशा कटोय सी.ओ.ओ. डी.आई.आर. नयागांव से वक्ता थे।

प्रो. कपूर ने ओरेल स्वच्छता के बारे में लोगों को रखा। उन्होंने कहा कि भारत में हर वर्षों के बीच 90 फीसदी आबादी किसी न किसी प्रकार की दंत समस्या से पीड़ित है। लोग यह सोचते हैं कि बूढ़ापना उनके दांतों को संरचना को कमजोर कर देती है, लेकिन ऐसा नहीं है।

लाभार देखभाल के साथ, व्यक्ति जीवन को लंबी अवधि के लिए स्वस्थ

6 महीने में एक बार दांतों की जांच करवाना चाहिए

डॉ. शिप्रा ने बताया कि कैसे खराब ओरेल स्वास्थ्य और स्वच्छता प्रतिकूल कोविड-19 परिणामों से संबंधित है। पीरियोडॉन्टिक्स से पीड़ित लोगों में असुरक्षित में प्रवेश और संलग्न ऑटोलेस की आवश्यकता लेने की उच्च संभावना होती है। कोविड के पीड़ित हो चुके स्त्रीओं के लिए ट्यूबला को बदलना चाहिए। शराब और तंबाकू के सेवन के दुष्प्रभावों के बारे में जागरूकता फैलाने के साथ-साथ हर 6 महीने में एक बार दांतों की जांच के महत्व पर भी जोर दिया गया। महिलाओं को गर्भरक्षा के दौरान ओरेल स्वच्छता के अत्यधिक महत्व के बारे में जागरूक किया गया। डॉ. आशा कटोय ने जर्मनी स्तर पर जर्मनी एडिक्ट और डी.आई.आर. द्वारा अपनाई गई यूएमी-डोयली और बस्ती के लोगों की समस्याओं के बारे में बताया। उन्होंने आगे इस बात पर जोर दिया कि कैसे वित्तीय बाधाएं उन्हें आवश्यक मौखिक स्वच्छता प्रथाओं को अपनाने से रोकती हैं।

दंत बनाए रख सकते हैं। डॉ. शिप्रा ने सर्वोपरि महत्व के कुछ महत्वपूर्ण बिंदुओं पर प्रकाश डाला जैसे कि अर्ध-वर्ष दंत चिकित्सा देखभाल से दांतों में चंद्रमा, मसूड़ों में सूजन, सॉफ्ट को चंदर संवेदनशीलता, मौखिक समस्याओं को हटाने, रोग, कैसर और सधुमेह जैसे प्रणालीगत रोगों से जोड़ना। उन्होंने बताया कि सभी सोचते हैं कि बच्चों के दूध के दांत गिरने वाले हैं, इसलिए क्षय होने पर दूध के दांतों के लिए किसी उपचार की आवश्यकता नहीं होती है, लेकिन ऐसा नहीं है। इसलिए अपने मिज्द, पिचपिचरे खाद्य पदार्थों से परहेज करने और दिन में 2 बार नियमित रूप से दांतों को ब्रश करने के साथ-साथ दैनिक फ्लॉरिडिंग और जीप को सफाई की सलाह दी।

ENACTUS TEAM OF PANJAB UNIVERSITY IN COLLABORATION WITH PGIMER & DIR-INDIA ORGANIZES A RADIO TALK SHOW ON "ORAL HEALTH AND HYGIENE", AT JYOTIRGAMAYA, 91.2 MHZ



CHANDIGARH, 26.05.22- Enactus SBUICET team of Panjab University, a team of 100+ student members, dedicated towards a common goal of bringing "the best suitable business model" in order to shape a better society has come forward to raise concerns surrounding the challenges that affect the oral health and overall wellbeing, with support of Colgate-Palmolive, informed Prof. Seema Kapoor, Faculty Advisor, Panjab University. In today's busy world we all have our priorities sorted. But there are certain aspects which go unnoticed by the majority of people and one such topic of discussion is oral health and hygiene, averred Prof. Kapoor. The panel moderated by Prof. Kapoor started their talk by addressing the facts regarding oral hygiene informing that in India at least 90% of its population suffer from some kind of dental problem. Further adding, they also mentioned that how people think that old age weakens their dental structure, but with consistent care, one can maintain healthy teeth for a longer period of life. To accentuate oral hygiene, the Enactus team organized a radio talk show today in collaboration with PGIMER, Chandigarh and Developing Indigenous Resources-India (DIR) with the support of Prof. Archna Ar. Singh from Department of Mass Communication, Panjab University. Dr. Shipra highlighted some valuable points of paramount importance such as how

3. Enactus team, Colgate-Palmolive & DIR-India conducted workshop to promote Dental Healthcare and 'Mytharche', series in Janta Colony, Nayagaon (17.5.2022)

डेंटल हैल्थ और 'मायथार्चे' को बढ़ावा देने के लिए हुई कार्यशाला

चंडीगढ़, 17 मई (रश्मि हंस): पंजाब यूनिवर्सिटी (पी.यू.) की डी.आई.आर.-इंडिया की एनेक्टस टीम एवं कोलगेट-पामोलिव और के सहयोग से जनता कॉलोनी नयागांव में डेंटल हैल्थ और 'मायथार्चे' को बढ़ावा देने के लिए कार्यशाला का आयोजन किया गया। डॉ. रजनी और डॉ. शिप्रा पब्लिक हैल्थ डॉक्टर ने इस दौरान लैक्चर दिया। डॉ.आई.आर. मैडिकल टीम, स्वास्थ्य प्रोमोटर जनता और सफेदा कलािनियों को मालिन बस्तियों में मौखिक स्वच्छता पर नियमित समिति को बैठके आयोजित करते हैं। पी.यू. की ड्रामा टीम के सदस्य हरगोबिंद, निहारिका और वैभव द्वारा विषय-आधारित नाट्य नाटक का आयोजन किया गया। प्रो. कपूर ने बताया कि दंत स्वास्थ्य की देखभाल क्यों और कैसे की जाए, इस पर सभी आयु समूहों और लिंगों के स्पेक्ट्रम को शामिल करते हुए दर्शकों के लिए एक सूचनात्मक प्रस्तुति भी दी गई।

दांतों की देखरेख के टिप्स दिए

चंडीगढ़: पंजाब यूनिवर्सिटी स्थित इनेक्टस की ओर से नयागांव स्थित जनता कॉलोनी में महिलाओं और बच्चों के लिए खास डेंटल चेकअप कैम्प का आयोजन किया गया। यूआइसीईटी विभाग में प्रोफेसर डॉ. सीमा कपूर की देखरेख में यह कैम्प आयोजित किया गया। पब्लिक हेल्थ से जुड़े डॉ. रजनी और डॉ. शिप्रा ने वर्कशॉप में दांतों की देखरेख के बारे में कई टिप्स दिए।

4. Enactus team in collaboration with Versatile Group, Ludhiana & Dean Student Welfare, P.U. organised 2nd workshop of 'Mytharche' series on "Menstrual Health & Hygiene" at Rani Laxmibai Hall Girls Hostel No.2, Panjab University (15.5.2022)



5. A Radio Talk Show at Panjab University Radio Station, JyotirGamaya 91.2 MHz on Menstrual Health & Hygiene by Enactus team(10/5/2022)



6. Enactus team in collaboration with Dr.SSBUCET, Versatile Group, Ludhiana & DIR-India launched “Mytharche- Transfusing NexGen Perspective”, 1st workshop in series on Menstrual Health & Hygiene at Dr. SSBUCET (29/4/2022)



7. Press Conference held for the launch of “MythArche-Transfusing NexGen Perspective”, a series of workshop started to raise awareness regarding Safe Menstrual Practices and Hygiene (25/4/2022)



पंजाब विश्वविद्यालय के सहयोग से बर्सेटाइल ने सवार किये 'आमोदनी-विचारक' कॉन्टेंट पैड

महिलाओं के 'उन दिनों' के लिये सुरक्षित और किफायती 'कपड़े' का हुआ उदय

पंजाब विश्वविद्यालय के सहयोग से बर्सेटाइल ने सवार किये 'आमोदनी-विचारक' कॉन्टेंट पैड। इस पहल के अन्तर्गत 'उन दिनों' के लिये सुरक्षित और किफायती 'कपड़े' का उदय हुआ।

12 क्विन्सलाइव टैलरों ने इन 750 कपड़ों का काम किया।

पंजाब विश्वविद्यालय के सहयोग से बर्सेटाइल ने सवार किये 'आमोदनी-विचारक' कॉन्टेंट पैड। इस पहल के अन्तर्गत 'उन दिनों' के लिये सुरक्षित और किफायती 'कपड़े' का उदय हुआ।

महिलाओं को फिर कपड़े वाले नैपाकेन का और लौटना हागा

पंजाब यूनिवर्सिटी के एनैक्टस क्लब ने महिलाओं को किया टैंट, ट्रायल किया और अब मार्केटिंग भी करेगे

सस्ते, हाइड्रोजन और रीयूजेबल पैड बनाए, सस्टेनाइबल को शुरूआत पर किया नामकरण

एनैक्टस क्लब ने महिलाओं को सुरक्षित और किफायती 'कपड़े' का उदय कराया।

8. Stalat Student Centre to showcase products made under Project Uday in collaboration with CSW, Panjab University and DIR-India (30/3/2022)



9. Health & Nutrition Workshop conducted for potters in Maloya by Dr. Ekta Bajaj, dietician, Panjab University (15/3/2022)

ENACTUS TEAM OF PANJAB UNIVERSITY ORGANIZES "NUTRITION & HEALTH" WORKSHOP FOR POTTERS OF MALOYA

March 13, 2022 03:02 PM



CHANDIGARH, 13.03.22- Nutrients are the building blocks of our body allowing us to grow, repair, protect against pathogens and create energy and they must be obtained from diet, since the human body does not synthesize them in large amounts enough for human health. Good health is like the morning sun, mellow and pleasing but the underprivileged communities often lack the knowledge about its paramount importance. At this time of pandemic when health care is a necessity, Enactus team conducted a workshop on Nutrition & Health at Maloya for potter community working under project "Dhra, conveyed Prof. Seema Kapoor, Faculty Advisor of the Enactus team. Dr. Ekta Bajaj, dietitian, Panjab University delivered an expert talk on the importance of eating a balanced and nutrient-rich diet to more than 100 community members present during the workshop. Dr. Bajaj

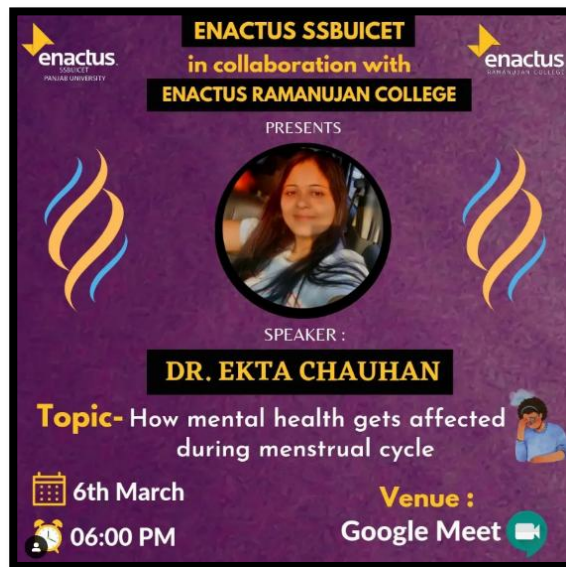
10. Educational Workshop with community children by Enactus team (9/3/2022)



11. Celebrating Women's week in collaboration with BossLadies and DIR-India (8/3/2022)



12. Webinar on ‘How Mental Health Gets Affected’, in collaboration with Enactus Ramanujan College conducted by Enactus team (6/3/2022)



13. Be Good With Money: Financial Workshop in collaboration with Mool conducted by Enactus team (25-26/2/2022)



14. CLASH-O-PRENEUR: An online competition based on developing entrepreneurial model conducted by Enactus team (13/2/2022)



15. Enactus team held a workshop on 'Nutrition and Health' in collaboration with Developing Indigenous Resources-India (DIR), for the slum inhabitants of Nayagaon (4/1/2022)

PU ENACTUS TEAM ORGANIZES 'NUTRITION AND HEALTH' WORKSHOP AT NAYAGAON

January 04, 2022 04:19 PM



Chandigarh January 4, 2022- Panjab University (PU) ENACTUS team today organized 'Nutrition and Health' workshop to educate the slum people of Nayagaon about the importance of good health and nutrition. The workshop was organised in collaboration with



16. Enactus team & DIR-India celebrates Diwali with underprivileged ladies of Slums of Janta Colony and Safeda Colony (2/11/2021)



17. Diwali celebrations at Samarth, a residential home for people with cerebral palsy and mental disabilities (30/10/2021)



18. Webinar on World Mental Health Day in collaboration with The Psych Club, UIET on the topic “Owning our own story” with expert talk by Ms. Aashna Narula, a psychology professional and the founder and Director of Psychopedia (10.10.2021)

19. Launch of eco-friendly, reusable and cost-effective Cloth-based Sanitary Napkins under Project Uday in collaboration with Developing Indigenous Resources-India (DIR) and Versatile Group, Ludhiana (21/9/2021)

Cloth-based sanitary napkin launched

TRIBUNE NEWS SERVICE

CHANDIGARH, SEPTEMBER 21
A team of the Enactus Dr SS Bhatnagar, University Institute of Chemical Engineering & Technology, Panjab University, in collaboration with the Developing Indigenous Resources-India and Versatile Group, Ludhiana, launched reusable, cost-effective and eco-friendly cloth-based sanitary napkins under Project Uday, at Janata Colony, Nayagaon, today.

A team of more than 50 student members came forward to raise concerns surrounding the challenges that affect the health and wellbeing of

women and girls due to the lack of hygienic menstrual products.

The team started working on reusable cloth-based sanitary napkins that could be an affordable and eco-friendly alternative to generic plastic based sanitary napkins available in the market.

The special fabric for sanitary napkins is being sponsored by Versatile Group under its CSR project.

The product is approximately 70-80 per cent cheaper than the ones conventionally available in the market and is tested upon various parameters by the National Accreditation Board for Testing and Calibration Laboratories (NABL).

Chandigarh Tribune Wed, 22 Sep
<https://epi>



PU Enactus team Launches Cloth-based Sanitary Napkins
September 21, 2021 / CHANDIGARH, HEALTH, HYGIENE, NATIONAL, INDIA, POLICE, PANJAB, STATES, TRACTY / By Demokretic Front Bureau.

Chandigarh September 21, 2021
Enactus team, Dr. S. S. Bhatnagar University Institute of Chemical Engineering & Technology (SSBUI CET), Panjab University in collaboration with Developing Indigenous Resources India (DIR) and Versatile Group, Ludhiana launched reusable, cost-effective and eco-friendly cloth-based sanitary napkins under its Project Uday, at an event held today at Janata Colony, Nayagaon.
A team of more than 50 student members, dedicated towards a common goal of bringing "the best suitable business model" in order to shape a better society has come forward to raise concerns surrounding the challenges that affect the health and wellbeing of women and girls due to the lack of hygienic menstrual products. Upon in-depth research, the team found that menstrual hygiene practices were unsatisfactory among the rural women, often pushing them to the edge of being the most vulnerable to infections and health problems, advised Prof. Seema Kapoor, Faculty Advisor of Enactus team.
Thus, the team started working on reusable cloth-based sanitary napkins that could be an affordable and eco-friendly alternative to generic plastic based sanitary napkins available in the market.
The goal of honor for the event was Ms. Gevargil Bhatia, Coordinator of CSR project Amolind of Versatile Group, who was instrumental in getting the sponsorship for 2 Loha automatic sewing machines and accessories worth Rs.55000 for the community. Also the special fabric for sanitary napkins is being sponsored by Versatile group under its CSR project.
The event saw participation from underprivileged ladies working under project Uday, Enactus students and DIR staff.
In the presence of dignitaries, Ms. Balshi distributed Sanitary Napkin kits, each comprising of 4 napkins in 1 pack to over 30 ladies of the slums of Janata Colony, ensuring accessibility of safe and quality assured menstrual products. If compared with



enactus SSBUI CET
PROJECT UDAY
ENACTUS SSBUI CET
in WITH
Amodini
VERSATILE GROUP
स्वयं की महिलाओं को मिलेगा रोजगार
Socialize with us -



20. Stitching workshop held at Nayagaon (Date: 12/03/2021)

Stitching Workshop held for underprivileged women of Janta Colony by Enactus Team ,PU

March 10, 2021 03:56 PM



Chandigarh March 10, 2021-In continuation to Women's Week celebrations, an advanced stitching workshop was held for the community of underprivileged women of Janta Colony under project Uday of Enactus, Panjab University. Project Uday aims to minimize the use of plastic while promoting cloth as a viable alternative. Enactus team in collaboration with Developing Indigenous Resources-India (DIR), University Institute of Fashion Technology & Vocational Development (UIFT & VD), Panjab University and Versatile Enterprises Private Limited under its CSR project Amodini is training the community to make cloth based sanitary napkins, as conveyed by Prof. Seema Kapoor, Faculty Advisor of Enactus team and Coordinator of Social Review Committee of Dr.SSBUCET. She told that the fabric for the sanitary napkins is being sponsored by



Democratic Front

HOME NATIONAL TRICITY STATES ABHIVYAKTI ADHYATAM WORLD LIFE STYLE EDUCATION HEALTH AUTO E-PAPER VIDEOS TEAM

Stitching Workshop held for underprivileged women of Janta Colony by Enactus Team ,PU

March 10, 2021 / 0 Comments / in CHANDIGARH, HARYANA, HIMACHAL, MOHALI, NATIONAL, PANCHKULA, PUNJAB, RAJASTHAN, STATES, TRICITY / by Democratic Front Bureau

Chandigarh March 10, 2021

RECENT NEWS

- Police Files, Panchkula – 12 February 22
- DC Sh Mahavir Kaushik inaugurates a two day Dayalbagh Manufactures Exhibition
- PM आत्मसे से बड़े 10 जनपथ का किराया मात्र 4610.00 लेकिन पिछले 17 महीनों से नहीं दिया
- ‘भारतया की सरकार बनते ही उत्तराखंड में एCCC पुष्कर सिंह धामी
- प्रवाह किचोर की कंपनी के कारण भतीजे अभिषेक बनर्जी ने की CSM ममत से बगवत
- राहुल बजाव का शनिवार को निधन हो गया, वह 83 साल के थे
- 55 youth donated blood in mobile market sector 22B Chandigarh
- International day of women and girls in science
- PU Faculty Training Programme at UIIPS
- SurjitPatar releases Jatni's Punjabi Poetry Book 'Phoori'

STITCHING WORKSHOP FOR WOMEN

Chandigarh: In continuation with the women's week celebrations, an advanced stitching workshop was organised for underprivileged women of Janta Colony under project Uday of Enactus, Panjab University. Project Uday aims to minimise the use of plastic while promoting cloth as a viable alternative. TNS

21. Two Usha automatic sewing machines handed over to underprivileged community (Date: 03/03/2021)



Initiative by Panjab University Enactus Team to help rural women



by our Reporter

Chandigarh: The Enactus team of Panjab University, in an initiative to help rural women in menstrual hygiene management, under their Project Uday has ventured into making cotton/bamboo fabric based reusable sanitary napkins, which are not only good for the body but also good for the earth, informed Prof. Seema Kapoor, Faculty Advisor of Enactus team and Coordinator of Social Review Committee of Dr.SSB University Institute of Chemical Engineering & Technology.

This project is going to help the underprivileged women community to become economically independent as well as play an important role in improving the menstrual hygiene of the underprivileged women, she added.

The Enactus team is working in collaboration with Developing Indigenous Resources- India (DIR), an NGO that engages in efforts to enable underprivileged women to generate income through the provisions of training, equipment and

micro credit.

Dr. Asha Katoch, CEO of DIR said, "By working hand in hand with the Enactus team we can for sure contribute to make this world a better place for the underprivileged women".

The Enactus team has also collaborated with CSR Project Amodini of Versatile Enterprises Private Limited, which is at the forefront in the development of original innovative fabrics.

The special fabrics for cloth based sanitary napkins are being provided by this group of companies.

Arun Seth, MD of the company along with Akhil Seth and Geetanjali Seth are helping in all possible ways to make this project a great success.

Further to smoothening the production of sanitary napkins, Dr. Anu H. Gupta, Faculty of University Institute of Fashion Technology, P.U. has been roped in for teaching seamless stitching to the community women under the project Uday.

Further, with the collaborative efforts of Enac-

tus team and Versatile Group, Usha Gupta, Director, Concorde Knitwears Pvt. Ltd, Ludhiana has sponsored Sewing Machine worth Rs.25000 and Shiv Textiles, Ludhiana has also sponsored Sewing Machine worth Rs. 15000 to the community for making the community well equipped with the latest technology for making the sanitary napkins.

Today, to celebrate International Women's Week, Enactus team organized an event along with the Social Review Committee of Dr.SSBUICT, during which two Sewing Machines were handed over to the community by Prof. S.K Tomar, Dean Student Welfare, P.U. and Prof. Sukhbir Kaur, Dean Student Welfare (Women).

Others who were present included Dr. Anu H. Gupta, Dr. Baljinder Kaur, Jodh Singh, DSW staff and DIR staff.

Commending the initiatives of the Enactus team, Prof. Tomar said that the Enactus team is doing great work in helping the underprivileged women and time and again the team has brought laurels to the university by bagging various awards and grants.

He congratulated the team for working towards Atmanirbhar Bharat, the vision of Narendra Modi, Prime Minister of India, which aims to make the country and its citizens independent and self-reliant in all senses.

Further recalling the past achievements of the team, Prof. Sukhbir Kaur added that the Enactus team has time and again proved its mettle at both National and International levels.

She said she is feeling very gratified that the Enactus team has taken this brilliant initiative of making cloth based sanitary napkins.

Highlighting the importance of even the smallest steps, Akshat, President of Enactus team, Aarushi Ray, ex-vice president of Enactus team and other team members namely Javed, Mohit, Nandini, Sanya, Leeza and Abhinav said "We alone cannot change the world but we believe in casting stones into water to create ripples and we believe in taking small steps that lead to a larger impact."

Stitching the gaps of Menstrual Hygiene through Project Uday of Enactus Team, PU

The Hawk | 3 March 2021 4:43 PM



Two Sewing Machines Handed Over to the Community for making Sanitary Napkins

Chandigarh (The Hawk): The Enactus team of Panjab University in an initiative to help rural women in menstrual hygiene management, under their Project Uday has ventured into making cotton/bamboo fabric based reusable sanitary napkins, which are not only good for the body but also good for the earth, informed Prof. Seema Kapoor, Faculty Advisor of Enactus team and Coordinator of Social Review Committee of Dr.SSB University Institute of Chemical Engineering & Technology. This project is going to help the underprivileged women community to become economically independent as well as play an important role in improving the menstrual hygiene of the underprivileged women, she added.

22. Distribution of Surgical Gowns by Enactus team (Date: 04/02/2021)



Dr SSBUI CET Alumnus Sponsors Surgical Gowns For BJJ Institute Of Health, PU

The Hawk | 4 Feb 2021 5:00 PM



Chandigarh (The Hawk): Continuing with various outreach activities under COVID-2019 pandemic, Prof. Seema Kapoor, Faculty Advisor, Enactus, Panjab University informed that 100 surgical gowns for the frontline warriors of BJJ Institute of Health were got sponsored from Shri.Brij Bhushan Gupta, 1986 batch alumnus of Dr. SSB University Institute of Chemical Engg & Technology (Dr.SSBUI CET), Panjab University.

23. Distribution of Face shields among the front line workers of P.U. & DIR (14.1.2021)



छात्रों ने राशि एकत्र कर 1100 फेस शील्ड खरीदीं



पीयू में फेस शील्ड वितरण कार्यक्रम में बोलते डीयूआई प्रो. आरके सिंगला व अन्य।

माई सिटी रिपोर्टर

चंडीगढ़। पंजाब यूनिवर्सिटी व आईआईटी दिल्ली के विद्यार्थियों ने एक संयुक्त अभियान 'दुन्दर ची केयर' शुरू कर धनराशि एकत्रित की।

इस धनराशि से कोरोना में काम करने वाले फ्रंटलाइन वर्कर्स के लिए फेस शील्ड खरीदे, जो वीरवार को पीयू के अधिकारियों को और से बांटे गए। विद्यार्थियों के इस प्रयास की काफी सराहना हुई। पीयू के विद्यार्थियों ने लगभग एक माह ऑनलाइन अभियान चलाकर रुपये एकत्रित किए गए। इस धनराशि से 1100 फेस शील्ड खरीदे गए। डीयूआई प्रो. आरके सिंगला ने स्टूडेंट सेंटर पर आयोजित कार्यक्रम में

पीयू के छात्रों ने आईआईटी दिल्ली के छात्रों के सहयोग से अभियान चलाया

पीयू अधिकारियों ने वीरवार को फ्रंटलाइन कर्मचारियों को बांटे शील्ड

विद्यार्थियों के इस प्रयास की सराहना की। पूरी टीम को बधाई दी और उसके बाद सेनेटरी वर्कर्स, सिक्वोरिटी स्टाफ, हेल्थ वर्कर्स और होस्टल मेस वर्कर्स आदि को फेस शील्ड दिए गए।

डीएसडब्ल्यू प्रो. एसके तोमर, डीएसडब्ल्यू युमन प्रो. सुखवीर कौर, मुख्य मुराधा अधिकारी प्रो. अश्विनी कौल, डॉ. रूपिंदर कौर, अमृत और डिबिजनल इंजीनियर उद्यान अर्निल ठाकुर ने विद्यार्थियों के प्रयासों की सराहना की।



24. DIWALI Celebrations at Samarth (Date: 12/11/2020)'



ENACTUS TEAM VISITS SAMARTH

Chandigarh: The Enactus team of Dr SSBUI CET (Dr Shanti Swarup Bhatnagar University Institute of Chemical Engineering and Technology), Panjab University, celebrated Diwali with residents of Samarth, a residential house for specially-abled children in Sector 15. Their aim was to spread smiles during the festive season and make it a memorable experience for special kids, said Prof Seema Kapoor, faculty advisor, Enactus team. The Covid-19 pandemic couldn't hinder the team's zeal of spending time with children at Samarth, she added. The team distributed diyas and sweets among children. Tanishq Munjal and Harmeet Singh, logistics heads, Enactus, said they all felt good while celebrating Diwali with special children at Samarth. TNS

Be the Light to lighten others- Enactus PU celebrates Diwali with specially abled at Samarth

by our Reporter
Chandigarh: The Enactus team of Dr SSBUI CET, Panjab University celebrated Diwali with the members of Samarth, a residential house for specially abled children in Sector-15, Chandigarh in order to spread smiles in the festive season and to make it a memorable one for them, said Professor Seema Kapoor, the faculty advisor of Enactus team. The Covid-19 pandemic couldn't hinder the team's zeal of spending the Diwali time with the Godly children at Samarth, averred Prof. Kapoor. Spreading light into their lives, the team celebrated Diwali by gifting these children with diyas and sweets. According to Tanishq Munjal and Harmeet Singh- the logistics heads of Enactus, the feeling of helping these children is really out of this world. The diyas gifted to Samarth were made by the potter community of Maloya under the project Dhra, said Shubham Jindal, President of Enactus team. Even during the pandemic, the project was in full swing helping the potters to maintain their economic stability. The staff of Samarth was also provided with face masks and face shields thus ensuring that all the Covid-19 protocols were followed properly. The masks were donated by Versatile Enterprises Pvt. Limited Group of Companies, who are leading manufacturers of Technical & Innovative fabrics informed Akshat Kaushik, Vice President of Enactus team. Appreciating the efforts of the team, the General Secretary of Samarth Pooja Ghai said that not many take the effort to go an extra mile for helping others. She was grateful to the team for making efforts to help the special children of Samarth especially during such testing times. She also informed that utmost care

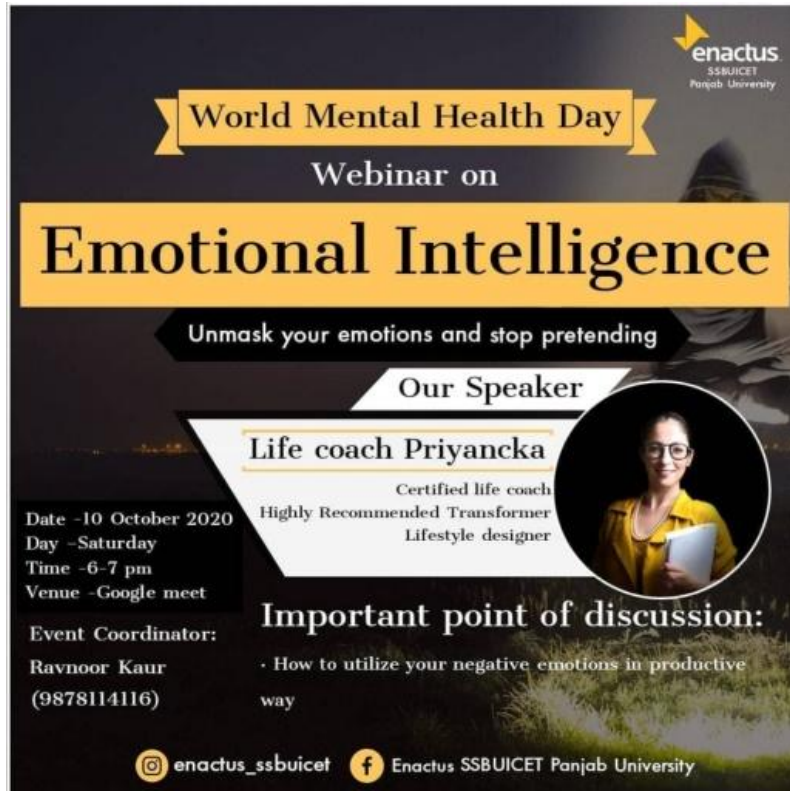


is being taken during COVID-19 pandemic for these specially abled children and no outsider is allowed inside the premises. The permanent staff will celebrate Diwali by lighting Diyas and distributing eatables among these children. At Enactus we believe in becoming a light to lighten others- said

Vice President Amandeep Singh. The team has held many distribution and fund raising drives in the past and will continue to do so in the future as well. The Enactus team of Panjab university has always been making the university proud by helping underprivileged sections of the society and bringing laurels at various

National and International competitions, said Professor S.K.Tomar, Dean Students Welfare and Professor Sukhbir Kaur, Dean Students Welfare (Women). The Vice Chancellor of Panjab University, Professor Raj Kumar acknowledged the laudable work of the Enactus team and encouraged the team to continue the good work.

25. Webinar on Emotional Intelligence: Unmask your emotions & stop pretending
(Date: 10/10/2020)



enactus
SSBUICET
Panjab University

World Mental Health Day

Webinar on


Emotional Intelligence

Unmask your emotions and stop pretending

Our Speaker

Life coach Priyancka

Certified life coach
Highly Recommended Transformer
Lifestyle designer





Date - 10 October 2020
Day - Saturday
Time - 6-7 pm
Venue - Google meet

Event Coordinator:
Ravnoor Kaur
(9878114116)

Important point of discussion:

- How to utilize your negative emotions in productive way

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FREAKO FRESH
Nutrition Partner

Webinar On

BUILDING ENTREPRENEURIAL MINDSET

Our Speaker : Mr Aditya Arora

CEO Faad Network | Angel Investor |
Padma Shri Nominee | Mentor at AIM, Delhi Govt. |
Microsoft Changemaker |
Parliamentary Awardee | TEDx Speaker



Think Like an Entrepreneur

Date - 24 October, 2020 Saturday Time - 4:30 to 5:15 PM
On Google Meet

26. Distribution of Ration Kits and Face shields (Date: 13/08/2020)



विनोद कुमार, (फास्ट मीडिया) चंडीगढ़। एक स्थानीय एनजीओ, विकासशील स्वदेशी संसाधन-भारत (डीआईआर) के सहयोग से पंजाब विश्वविद्यालय की एनएक्टस टीम ने स्वतंत्रता दिवस की पूर्व संध्या पर 150 पुनः-प्रयोज्य फेस मास्क, 100 राशन किट वितरित की। इस दौरान आवश्यक किराने का एक महीने का सामान वितरित किया गया। नयागांव के स्लम क्षेत्र, जनता कॉलोनी, कुपोषित बच्चों, गर्भवती और स्तनपान कराने वाली महिलाओं के साथ गरीब परिवारों के बीच परिवार ने, एक्टस टीम के पूर्व अध्यक्ष हरलीन सिंह को अवगत कराया। यह आयोजन भारत सरकार के स्वास्थ्य और परिवार कल्याण मंत्रालय द्वारा जारी कोविड-19 प्रबंधन दिशानिर्देशों को ध्यान में रखते हुए किया गया था। डॉ. आशा कटोच, सीईओ, डीआईआर ने कहा कि उनके क्षेत्र के कार्यकर्ता और वरिष्ठ कर्मचारी, जनता कॉलोनी -19 के खिलाफ जनता कॉलोनी की स्लम बस्तियों में अपनी जान जोखिम में डालकर, जरूरतमंदों को किराने का सामान और चिकित्सा स्वास्थ्य के साथ मदद कर रहे हैं। प्रो. कपूर ने यह भी बताया कि फंड्स को क्राउडफंडिंग प्लेटफॉर्म और सोशल मीडिया, मुख्य रूप से व्हाट्सएप समूहों के माध्यम से उठाया गया था। कई लोग समर्थन करने के लिए आगे आए।



फेस मास्क और राशन किट वितरित की

प्रकाशचंद्र शर्मा, (चंडीगढ़)। एक स्थानीय एनजीओ, विकासशील स्वदेशी संसाधन-भारत (डीआईआर) के सहयोग से पंजाब विश्वविद्यालय की एनएक्टस टीम ने स्वतंत्रता दिवस की पूर्व संध्या पर 150 पुनः प्रयोग्य फेस मास्क, 100 राशन किट वितरित की। इस दौरान आवश्यक किराने का एक महीने का सामान वितरित किया गया। नयागांव के स्लम क्षेत्र, जनता कॉलोनी, कुण्डलित बच्चों, गर्भवती और स्तनपान करने वाली महिलाओं के साथ गरीब परिवारों के बीच परिवार ने, एनएक्टस टीम के पूर्व अध्यक्ष हरलीन सिंह को अलग करवाया।



यह आयोजन भारत सरकार के स्वास्थ्य और परिवार कल्याण मंत्रालय द्वारा जारी कोविड-19 प्रबंधन दिशानिर्देशों को ध्यान में रखते हुए किया गया था। डॉ. आशा कटोच, सीईओ, डीआईआर ने कहा

कि उनके क्षेत्र के कार्यकर्ता और खरिफ कर्मचारी, जनता कॉलोनी - 19 के खिलाफ जनता कॉलोनी की स्लम बस्तियों में अपनी जान जोखिम में डालकर, जरूरतमंदों को किराने का सामान और चिकित्सा स्वास्थ्य के

साथ मदद कर रहे हैं। प्रो. कपूर ने यह भी बताया कि फंड्रम को काउंडरफंडिंग प्लेटफॉर्म और सोशल मीडिया, मुख्य रूप से व्हाट्सएप समूहों के माध्यम से उठाया गया था। कई लोग समर्थन करने के लिए आगे आए।

27. Distribution of 128 grocery kits & 250 face masks (Date: 15/07/2020)

Enactus PU team and DIR distribute face masks and ration kits to the impoverished

by our Reporter
Chandigarh: The Enactus SSBUCET, Panjab University team along with Developing Indigenous Resources- India (DIR) distributed reusable and washable face masks and ration kits to the needy people in the village of Nayagaon. Also in Maloya village face masks were distributed to the potter community working under project Dhra of the Enactus team. The team is successfully running two projects - Dhra and Uday. Project Dhra aims to enhance the lives of potters by promoting the art of pottery as well as eradicating the use of plastic ware. Project Uday works on similar lines by eliminating the use of plastic bags by bringing up cloth bags into function. Both the projects were started with an aim to curb plastic menace, conveyed Prof. Seema Kapoor, Faculty Advisor, Enactus team. DIR in collaboration with Enactus team has been working in Nayagaon Punjab for the upliftment and welfare of the underprivileged families particularly women to promote



women empowerment. These Basti women, working under project Uday of Enactus team were given cloth to make reusable masks to earn some livelihood especially during the lockdown period when their husbands had no livelihood. During these rough times of uncertainty, the two bod-

ies came together to work and to help them. Ration kits were distributed to extremely poor needy families who were dependent on day to day wages to earn their livelihood, identified by health promoters i.e medical team stated Harleen Singh, President, Enactus team.

Dr. Asha Katoch, CEO, DIR-India conveyed that she was extremely grateful to the Enactus team who was deeply involved in this mission of social cause. The team made us all proud as the future and growth of India was only possible with dedication of such young blood.

Harleen Singh informed that DIR will soon start selling these masks in the local market at affordable prices to provide a stable income to the ladies working under Project Uday. The team seemed to be optimistic and confident about this new challenge.

Enactus PU team and DIR distributes face masks And ration kits to impoverished

CHANDIGARH: Enactus SSBUCET, Panjab University team along with Developing Indigenous Resources- India (DIR) distributed reusable and washable face masks and ration kits to the needy people in the village of Nayagaon. Also in Maloya village, face masks were distributed to the potter community working under project Dhra of Enactus team. The team is successfully running two projects - Dhra and Uday. Project Dhra aims to enhance the lives of potters by promoting the art of pottery as well as eradicating the use of plastic ware. Project Uday works on similar lines by eliminating the use of plastic bags by bringing up cloth bags into function. Both

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the underprivileged families particularly women to promote women empowerment. These Basti women, working under project Uday of Enactus team were given cloth to make reusable masks to earn some livelihood especially during the lockdown period when their husbands had no livelihood. During these rough times of uncertainty, the two bodies came together to work and to help them. The ration kits were distributed to extremely poor needy families who are dependent on day to day wages to earn the livelihood, identified by health promoters i.e medical team of DIR.

Panjab University's Enactus team distributes face shields

TNN | Aug 13, 2020, 08:59 PM IST



The Enactus team of Panjab University in collaboration with Developing Indigenous Resources-India (DIR), a local NGO, celebrated the eve of Independence Day by "distributing 150 reusable face masks, 100 ration kits containing the essential grocery items to last for one month for one family, to the underprivileged of Janta Colony, slum region of Nayagaon," said Harleen Singh, former President of Enactus team. "The event was held keeping in mind COVID-19 Management Guidelines issued by Government of India Ministry of Health & Family Welfare," said Dr Seema Kapoor, Faculty Advisor, Enactus team. About 100 face shields were also distributed to healthcare workers of DIR-India by the the team. Dr Asha Katoch, CEO, DIR stated that their field workers and senior staff are working daily risking their own life against Covid-19 in the slum of Janta

Colony, helping the needy with groceries and medical health.

Prof Kapoor also informed that the funds were raised through crowdfunding platforms and social media. Vipran Seth, a 1977 batch alumnus of Dr. SSB University of Chemical Engg. & Technology sponsored reusable face masks to mitigate morbidity and provide protection to the vulnerable communities. These washable face masks are made from highly breathable fabric with Meltblown (SSMMS) Filter inside to stop the bacterial activity.

"With numerous collection and distribution drives done from time to time, the Enactus team has made every effort to improve lives for those in need during this tough time of COVID-19," said Shubham Jindal, current President of Enactus team. Akshat Kaushik, Vice President of the team added that more such events will be held in the near future.

28. Tailoring workshop for underprivileged ladies (Date: 11/02/2020)

महिलाओं के लिए वित्तीय साक्षरता सिलाई वर्कशॉप लगाई



महिलाओं को वर्कशॉप में सिलाई कढ़ाई की कुछ नई तकनीकें व डिजाइन आदि सिखाए गए।

चंडीगढ़, 11 फरवरी (रश्मि हंस): पंजाब यूनिवर्सिटी की फैकल्टी सलाहकार प्रो. सीमा कपूर के नेतृत्व वाली टीम ने डा. आशा कटोच की देखरेख में स्वदेशी स्रोत विकास भारत के सहयोग से शहर की जनता कालोनी की महिलाओं के लिए वित्तीय साक्षरता

सिलाई वर्कशॉप लगाई। वर्कशॉप में पी.यू. के सोशल सबस्टांस समूह ने भी सहयोग दिया गया। यूनिवर्सिटी इंस्टीच्यूट ऑफ फैशन टेक्नोलॉजी पंजाब यूनिवर्सिटी से डा. अनु एच. गुप्ता ने वर्कशॉप में शामिल हुई महिलाओं को सिलाई कढ़ाई की कुछ

नई तकनीकें व डिजाइन आदि सिखाए जिनसे महिलाओं की आय में वृद्धि हो सकेगी। यूनिवर्सिटी इंस्टीच्यूट ऑफ अलपाइड मैनेजमेंट साइंसज पंजाब यूनिवर्सिटी से डा. मोनिका अग्रवाल ने महिलाओं को बजट और बचत के तरीकों के बारे में जानकारी दी।



29. Financial Literacy Workshop for community (Date: 18/01/2020)





30. Diwali Celebrations with Specially abled (Date: 24/10/2019)





31. Tree Plantation Drive at Dr.SSBUI CET(Date: 28/09/2018)

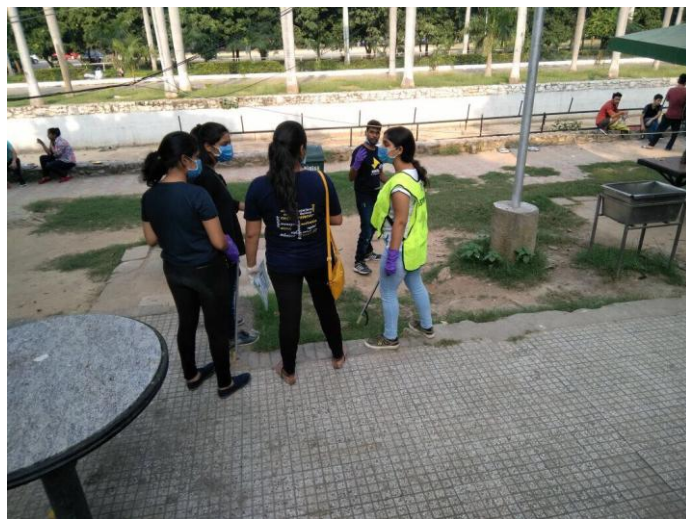


32. Massive Swachhta drive at Dr.SSBUI CET(Date: 26/09/2018)





33. Cleanliness drive by Enactus team under the Swachhta Hi Sewa fortnight at Student Centre, P.U. (Date: 20/09/2018)



34. Celebration of Senior Citizen Day at Village KhudaLahora(Date: 21/08/2018)