

Annexure 'A'

Health Centre Facilities at Panjab University, Chandigarh.

Presently, BGJ Institute of Health is manned by CMO besides 3 other full time qualified doctors. In addition to this there are visiting consultants also. Details are given below:-

- Chief Medical Officer: 1
- Additional Chief Medical officer :1
- Medical Officer, BGJIH, P.U. Chd.: 2
- Ex-Addl. Chief Medical Officer (re-employed on contract): 1
- Visiting consultant- 1
- Full time Medical Officers on contract basis: 3
- Part-time specialists-
 - Gynecologist-1
 - Radiologist-1
- Medical Specialist-1
- Ayurvedic Medical Officer – 1
- Yoga Instructor-1
- Dietician- 2
- Chief Pharmacist- 1

The supporting staff consists of pharmacists-6, sister nurse-I, multipurpose workers (female)-3, dressers-2, ward boys-2, medical attendants-5, laboratory technicians-2, cleaners (regular and contractual)-5. Besides, the office is manned by one Sr. Assistant (one regular basis) and one clerk (on contract).

Ambulance Services

Fully equipped ambulance service is available to all the patients 24x7. The Ambulance service is provided FREE to all students and class C employees and their dependents in case of any medical need.

Medicines

All the employees both teaching and non teaching and their dependents and all bonafide students are provided free in stock medicines. The purchases of medicines are made directly from the Pharmaceutical Companies that are on the approved list of BGJ Institute of Health (Medical list). With this arrangement, we are able to save about 50% on the cost of medicines. Medicines worth more than Rs.47, 00000/-were purchased this year. About 30 chemist shops/ drug stores in the tri-city are offering a discount of 10% on branded medicines and 30% on generic medicines to P.U. patient. This results in an approximate savings of about Rs 20, 00000/-.

Medical Entitlement Booklets

The process of issuing new and revalidating old medical entitlement cards in a continuous process. A total of 642 cards have been processed during this period. This process results in weeding out a number of cards of non entitled persons. Dependent children, Parents, spouses of women employees have also been extended free medical entitlement facilities including OPD consultation, in-house available medicines, clinical investigations and Medical Reimbursement at par with male counterparts as per Medical Entitlement rules. The facility of free OPD consultation and laboratory investigations has now been made available to fellows and Ex- fellows. In order to further streamline the method of processing Medical Entitlement cards for which new different types of performas have been introduced. All the information is available on the PU website.

Chronic Diseases and their drugs distribution

A separate drug dispensing area is earmarked for patients of chronic ailments e.g. Hypertension, Heart diseases, Diabetes, Epilepsy, Asthma and COPDs etc. The employees and retirees have been benefited by this arrangement.

Revised National Tuberculosis Control Programme (RNTCP)

The BGJ Institute of Health is an approved designated centre for DOTS under Govt. of India RNTCP. All patients of Tuberculosis are provided anti-tuberculosis drugs as per latest RNTCP guidelines free of cost.

Vector & Water Borne Diseases Surveillance Centre

With the collaboration of department of Health (National Vector Borne Wing) Chandigarh Administration, we are running a complete surveillance unit of malaria and other vector borne diseases. Regular sprays and other preventive measures against malaria and other vector borne diseases are being undertaken. All malaria positive patients are notified to the concerned higher health authority of Chandigarh (U.T.).

Communicable Diseases and their Monitoring

Special arrangements are made every year to monitor all communicable diseases in coordination with the UT health services and to create awareness among both the employees and students. A number of cases of conjunctivitis are also reported every year. Records of patients having symptoms like cough, cold and fever are maintained separately to facilitate accurate monitoring. The staff of Institute of Health has been immunized against Hepatitis-B.

Special provision for Senior Citizens

For the convenience of the superannuated employees of the University, a special provision has been made to facilitate their out of turn registration, consultation and

dispensing of Medicines in order to provide them medical assistance with in minimum possible time frame. Since this Institute is already doing its best to go on improving the available infrastructure for the benefit of all the patients with special focus on relatively with special need of a section of society. To fulfill this objective a room has been specially designated and completely refurbished for the senior citizens and patients who has to get the investigations done after meal. A fully air conditioned equipped with a small pantry, a library cabinet, dining table, drinking water facility , a microwave, a refrigerator and wooden flooring will be functional in a short span. For above fund of Rupees two lacs have been donated to us, out of which one lac is donated by one of our very satisfied patient and another Rupees one lac is approved by the honorable Vice-Chancellor of P.U.

Diagnostic services

With the installation of highly sophisticated 500mA digitalized version of X-ray machine (Siemens) with a mammographic compatible unit and with a CR system (Fuji) world class X-ray are being done. A total of 2291 X-rays have been done during this period. In a well equipped Clinical Laboratory having semi automatic analyzer all the routine tests in hematology, serology, biochemistry and microbiology etc. are being performed. ECGs are being done with 12 channels Schaller ECG machine worth in a separate ECG room. Along with this, a newly purchased fully equipped (medicines, injections, oxygen cylinders) Dunlop padded patient couch with foot rest has been put into use for patients' benefit. For Ultra-sonographic machine a final nod from department of health U.T. administration is awaited. Rest all necessary formalities in this regard have been completed. Emergency and injection room is now equipped with Nebulizers, Oxygen, a emergency medicine cabinet with all emergency drugs, injections etc.

Yoga Classes

Yoga classes are being conducted regularly under the supervision of a qualified Yoga-Instructor.

- 5pm to 6pm (BGJ Institute of Health Sector 14) Monday to Friday
- 6pm to 7pm (Community Centre, Sector 25) Monday to Friday

A good number of persons are being benefited from this facility every day.

Health Awareness lectures, Seminars and Workshops

Lectures by medical experts on various health related topics are periodically held for awareness on health issues like Diabetic Neuropathy, Road safety, smoking hazards, alcohol abuse, Asthma Day, Hypertension Day, Hepatitis Day etc. in order to keep staff of BGJ Institute of Health abreast with the latest happenings in the medical sciences , interactive session cum demonstration with the help of power point presentation on topics of Vector Borne Disease, hand hygiene etc were conducted so that they can serve the community in a better way.

Medical camps

Medical camps are organized on Spirometry, Bone Mineral Density, Thyroid Function Tests Diabetes detection camps and Hypertension in association with Pharma companies for the benefit of University community. During this period 610 patients were examined for Bone densitometry, HbA 1c test were performed free of cost. Three HBAIC camps organized with the help of Serdia, for the benefit of diabetic patients. A total of 40 patients examined during this camp. Three Spirometry checks up camps were organized with the help of Cipla and Glen pharma for the benefit of asthmatic and respiratory disorder patients. A total of 48 patients examined during these camps. One diabetic neuropathy camps were organized with the help of Cipla Ltd. for the benefit of diabetic patients. A total of 10 patients were examined during these camps. Eight BMD camps were organized with the help of Dr. Reddy and Mayor Organic Pharma. A total of 610 patients were examined during these camps. All the above camps were organized free of cost. Thyroid function tests are performed on each Friday on highly subsidized rates.

On occasion of World Asthma Day a public lecture by Prof. Digamber Behra, an eminent pulmonologist and Head, Department of Pulmonary Medicine, PGIMER, Chd was delivered. With the collaboration of PGIMER, Chd a mass camp for awareness and screening of breast cancer (Mammography), Osteoporosis (DEXA scan for Bone densitometry) and cervical carcinoma (PAP smear) was done.

Reimbursement facilities

Reimbursement facilities are available to all the bonafide University employees and their dependents (both serving and retiree) as per medical reimbursement rules of the University. single window service has been started for the quick, easy and hassle free reimbursement process. Packages for various medical ailments have been implemented so that reimbursement procedures get further facilitated for patients not availing treatment at Govt. Hospitals, GMCH- 32, PGIMER, Chd, AIIMS New Delhi etc. The reimbursements of bills are done at PGIMER chd/ AIIMS rates.

Academic and Social Activities:

The Medical doctors of the Institute of Health are regularly engaged as guest and honorary faculty in the subjects of Medicine, Surgery, Sports Medicines and Exercise Physiology. They regularly participate in continuing Medical Education /programmes throughout the year. They have delivered lectures on medicine and Judiciary, Drugs, Alcohol & Substance Abuse, Health Concerns, Health and Teachers at Chandigarh Judicial Academy, Rajiv Gandhi National Law University Patiala, Kendrya Sangahan.

(Union Ministry of Human Resource and Development) and Department of Laws, Panjab University.

Construction of new facilities & renovation:

All the wash rooms of the institute has been thoroughly renovated with newly laid floor and wall tiles and all the sanitary fixtures have been installed there. A separate wash room for the differently-abled has been constructed at an approachable location. The dressing room has been completely modernized as per the world –class sterilization standards. All other old fixtures like doors/windows etc have been replaced with newer rust and termite free aluminum materials. The modular office is now functioning. Patients friendly chambers in Room No. 21 fully furnished, air conditioning is in process.

24x7 TV

A LCD 32 Inches with cable connection is functioning in the patients' waiting area 24x7 to telecast various health related programmes of different TV channels including Door Darshan.

Library

Library equipped with latest medical books and journals.

Newspapers and Magazines:-

Newspapers and Magazines both in English and Hindi are being made available in the patients waiting areas.

Parking area

For the convenience of patients, old and enfeebled, senior citizens and physically challenged, more facilities for parking of their transport has been provided.